

PEEKSKILL NUTRITION HOT LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Mon		Tue		Wed	4/1	Thu	4/2	Fri	4/3
					FILET OF SOLE		BREADED PORK CHOP		STUFFED SHELLS
					LENTIL PILAF		RED SKIN POTATOES		BROCCOLI
					TUSCAN VEGGIES		CAULIFLOWER & PEAS		TOSSED SALAD/PEAS
					WHOLE WHEAT		12 GRAIN		ITALIAN
					SWEET POTATO PIE		PINEAPPLE CHUNKS		FRESH FRUIT
Mon	4/6	Tue	4/7	Wed	4/8	Thu	4/9	FRI	4/10
	CHICKEN MARSALA		MEATLOAF		MACARONI & CHEESE		BEEF BRISKET		FRITTATA
	ROASTED POTATOES		MASHED POTATOES		STEWED TOMATOES		POTATO PANCAKES		COUSCOUS W/PEAS
	ZUCCHINI		PEAS & ONIONS		BROCCOLI		CARROT TZIMMES		TOSSED SALAD
	SEEDLESS RYE		MULTGRAIN		PUMPERNICKEL		MATZOH		DINNER ROLL
	SLICED PEACHES		COFFEE CAKE		MANDARIN ORANGES		APPLE CRISP		FRESH FRUIT
Mon	4/13	Tue	4/14	Wed	4/15	Thu	4/16	Fri	4/17
	CHICKEN SAUSAGE		BAKED CURED HAM		TILAPIA		BAKED ZITI W/MEAT		ROAST TURKEY
	BAKED BEANS		SCALLOPED POTATOES		RED BEANS & RICE		ZUCCHINI		ROASTED POTATOES
	COLESLAW		FRENCH GREEN BEANS		BROCCOLI		TOSSED SALAD		CAULIFLOWER
	HOT DOG BUN		DINNER ROLL		MULTIGRAIN		ITALIAN		CORNBREAD
	PINEAPPLE CHUNKS		LEMON MERINGUE PIE		FRESH FRUIT		APRICOT HALVES		SLICED PEACHES
Mon	4/20	Tue	4/21	Wed	4/22	Thu	4/23	Fri	4/24
	BAKED FISH		ITALIAN MEATBALLS		SPINACH QUICHE		CHICKEN CHOW MEIN		YANKEE POT ROAST
	KALE		SPAGHETTI		HOME FRIED POTATOE		BROWN RICE		SCALLOPED POTATOES
	TATER TOTS		BROCCOLI		CARROTS		ORIENTAL VEGGIES		PEAS & ONIONS
	BREAD		ITALIAN		PUMPERNICKEL		WHOLE WHEAT		DINNER ROLL
	MANGO CHUNKS		FRESH FRUIT		AMBROSIA FRUIT SALA		MANDARIN ORANGES		BIRTHDAY CAKE
Mon	4/27	Tue	4/28	Wed	4/29	Thu	4/30	Fri	
	CHICKEN PARMIGIANA		SALMON		GERMAN PORK CHOP		TURKEY & BEAN CHILI		
	WHOLE WHEAT PENNE		SUCCOTASH		GERMAN POTATO SALA		BROWN RICE		
	BROCCOLI		SPINACH		GREEN BEANS		TOSSED SALAD/JUICE		
	ITALIAN		DINNER ROLL		PUMPERNICKEL		CORNBREAD		
	SLICED PEACHES		BLUEBERRY PIE		FRESH FRUIT		PINEPPLE CHUNKS		

Please call us at (914) 734 - 4250 x 2 for any questions.