

Peekskill Nutrition: November, 2023 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 VEGETABLE LASAGNA TOSSED SALAD BROCCOLI ITALIAN FRESH FRUIT	2 GINGER CHICKEN BROWN RICE ORIENTAL VEGETABLES WHOLE WHEAT TROPICAL FRUIT	3 GERMAN PORK CHOP HARVARD BEETS GREEN BEANS SEEDLESS RYE FRESH FRUIT
6 CHICKEN SAUSAGE PEPPERS & ONIONS TATER TOTS HOT DOG BUN MANDARIN ORANGES	7 CLOSED FOR ELECTION DAY	8 BROCCOLI QUICHE SWEET POTATOES WAX BEANS PUMPERNICKEL SLICED PEACHES	9 YANKEE POT ROAST MASHED POTATOES PEAS & CARROTS ROLL FRESH FRUIT	10 CLOSED FOR VETERAN'S DAY
13 MACARONI & CHEESE STEWED TOMATOES GREEN BEANS WHOLE WHEAT SLICED PEARS	14 CURRY LAMB/RICE CREAMED SPINACH CUCUMBER SALAD MULTIGRAIN DINNER ROLL	15 BAKED FLOUNDER QUINOA & KALE CARROTS WHOLE GRAIN ROLL MANDARIN ORANGES	16 TURKEY/STUFFING SWEET POTATOES GREEN BEAN CASSEROLE DINNER ROLL PUMPKIN PIE	17 ROASTED CHICKEN CORN MIXED VEGETABLES DINNER ROLL BIRTHDAY CAKE
20 BAKED FISH CORN KALE & ONIONS WHOLE WHEAT FRUIT BLEND	21 ITALIAN MEATBALLS SPAGHETTI BROCCOLI ITALIAN SLICE PEACHES	22 CHEESE LASAGNA TOSSED SALAD SPINACH ITALIAN FRUIT	23 CLOSE THANKSGIVING DAY	24 CLOSED
27 SALISBURY STEAK ROASTED POTATOES RED CABBAGE TOLL TROPICAL FRUIT	28 EGGPLANT PARMIGIAN WHOLE WHEAT PENNE BROCCOLI ITALIAN FRESH FRUIT	29 PORK CHOP SWEET POTATO BRUSSEL SPROUTS PUMPERNICKEL APPLESAUCE	30 CHICKEN PAPRIKA HARVARD BEETS TUSCAN VEGETABLES WHOLE WHEAT PUDDING	** IF YOU HAVE ANY FOOD ALLERGY, PLEASE INFORM THE SITE MANAGER OR THE CHEF (914-734-4250)